

# 23<sup>rd</sup> Annual Meeting & Exhibition • 30 May–05 June 2015 SMRT 24<sup>th</sup> Annual Meeting • 30–31 May Toronto, Ontario, Canada www.ismrm.org • www.ismrm.org/smrt

# Pre Convention Program for Vancouver and Whistler

May 24 – May 29, 2015

# Vancouver "Canada's Pacific Jewel"

Nestled between the sparkling blue Pacific and the white tipped peaks of the Coastal Mountains, Vancouver is truly Canada's "jewel" on the Pacific. Vancouver is an unforgettable place in south western British Columbia where majestic mountains and emerald forests meet the Pacific Ocean. It's a fashionable and cosmopolitan city with stylish boutiques, sidewalk cafes and seaside markets. Here natural beauty combines with local native and Pacific Rim cultures to create an endless variety of activities. Vancouver's multicultural heritage has evolved from the fur trade, the discovery of Caribou gold in the 1800's and finally the lumber industry. Frontiersman from around the world came to Canada's most western province motivated by the possibility of finding gold, plentiful forests, rich farmland and the delicacies of the ocean.

In less than a century, Vancouver has grown from a shanty mill town into the major financial centre of British Columbia and a true incentive destination.

For conference delegates, Vancouver offers it all; the Pacific Ocean playground the Coastal Mountains, a year round temperate climate, adventurous activities and fine cuisine and restaurants.







# Whistler "With glowing Hearts"

Whistler is a Canadian resort town in the southern Pacific Ranges of the Coast Mountains in the province of British Columbia, Canada, approximately 125 km north of Vancouver and 36 km south of the town of Pemberton. Incorporated as the Resort Municipality of Whistler, it has a permanent population of approximately 9,965, plus a larger but rotating "transient" population of workers, typically younger people from beyond BC, notably from Australia and Europe.

Over two million people visit Whistler annually, primarily for alpine skiing and snowboarding and, in summer, mountain biking at Whistler Blackcomb. Its pedestrian village has won numerous design awards and Whistler has been voted among the top destinations in North America by major ski magazines since the mid-1990's. During the 2010 Winter Olympics, Whistler hosted most of the alpine, Nordic, luge, skeleton, and bobsled events; though freestyle skiing and all snowboarding events were hosted at Cypress Mountain near Vancouver.







#### **PROGRAM ITINERARY**

# **DAY 1:**

Arrival in Vancouver at the International Airport You will be met by an English speaking Trip Director

You will be required to bring your luggage through customs

Transfer per highway coach from the airport to downtown Vancouver hotel

The transfer is approximately 20 minutes, pending traffic.

19:00 – 20:30 Dinner at a local restaurant in walking distance

Overnight in Vancouver

# **DAY 2:**

09:00 - 12:00	Short Sightseeing tour of Vancouver
12:00 - 13:00	Lunch at a local restaurant.
13:30 - 16:30	Bike Tour of Stanley Park
10.00 20.20	Dinner at a local restaurant in walking di

19:00 – 20:30 Dinner at a local restaurant in walking distance

Overnight in Vancouver

#### **DAY 3:**

09:00	Departure to North Vancouver in a 55 passenger coach
09:30 - 12:30	Admission to Capilano Suspension Bridge
12:30 - 13:30	Lunch on-site / local restaurant
13:45	Continue for Grouse Mountain
14:00	Arrival and admission to Grouse Mountain
19:00 – 20:30	Dinner at a local restaurant in walking distance
	Overnight in Vancouver

#### **DAY 4:**

09:00	Depart for Horseshoe Bay for Sea Quest Adventure
09:30 - 12:00	Sea Quest Adventure
12:00 - 13:00	Lunch at the Boathouse in Horseshoe Bay
13:15	Depart to Whistler via the sea-to-sky highway
15:00	Approximate arrival in Whistler
15:00 - 16:00	Orientation Tour of Whistler
19:00 – 20:30	Dinner at local restaurant in walking distance
	Overnight in Whistler
DAY 5:	

#### **DAY 5:**

09:00 - 11:00	Admission to Peak 2 Peak Gondola
12:00 - 13:00	Lunch at local restaurant.
13:30 - 16:30	Half Day Sky-High Adventure - Eagle Tour
19:00 – 20:30	Dinner at local restaurant in walking distance
	Overnight in Whistler

# **DAY 6:**

10:00 Depart to Vancouver via Shannon Falls Departure from Vancouver at leisure

# THE FAIRMONT HOTEL VANCOUVER



The Fairmont Hotel Vancouver is known as the 'Castle in the City' and reflects timeless luxury and history. Holding a prime downtown location, steps from Vancouver's shopping and entertainment district, it is the perfect place to enjoy Vancouver's vibrant atmosphere. You will feel at home as their canine ambassadors, **Mavis and Beau**, welcomes you and the knowledgeable Concierge team is on site to help with local suggestions.



# **WESTIN RESORT & SPA WHISTLER**



The Westin Resort & Spa, Whistler is located in Canada's greatest year-round recreation destination and was the host resort for the Alpine, Nordic and sliding events for the 2010 Winter Olympic and Paralympic Games. Whistler was voted No.1 Ski Resort in North America by SKI Magazine Readers for 2015. We're just steps from both mountain gondolas and in the center of the excitement of the pedestrian friendly Whistler Village.



#### **PROGRAM**

#### **DAY 1: ARRIVAL VANCOUVER**

Arrival in Vancouver at the International Airport.

Guests will be met by an English speaking Trip Director.

Guests will be required to bring the luggage through customs on their own.

Transfer per highway coach from the airport to downtown Vancouver hotel.

The transfer is approximately 20 minutes, pending traffic.

#### Dinner at a local restaurant.

#### **Overnight in Vancouver**

#### **DAY 2: FULL DAY VANCOUVER**

# **Short Sightseeing in Vancouver in the morning**

Surrounded by majestic mountains and shimmering water, Vancouver is one of the world's greatest ports and cosmopolitan cities. During the introductory trip the participants will see Stanley Park, Queen Elizabeth Park, historic Gas town, Chinatown, Robson Street, English Bay, Canada Place (site of Expo '86), Prospect Point and Lions Gate Bridge.



Lunch at a local restaurant.

#### **Biking Around Stanley Park**

The 3 hour tour will primarily take us along the Sea Wall, paved bike trail that snakes around the perimeter of the park along the water. The approximately 12km ride is almost completely flat, and guests ride at a relaxed pace to take in the sights, so anyone with basic fitness can easily do this ride.

Along the way we will stop to see Totem Poles and learn some First Nations history. We will check out a variety of statues, public art, and some of the recreational features the park has to offer including the favourite local beaches. We take a ride around Beaver Lake to learn some rain forest and lake ecology and this is one of the most beautiful spots in the park. Along the way, our guides will tell stories about the park and city, as well as the natural history and geography of the park and region.





Dinner at a local restaurant.

# **Overnight in Vancouver**

# **DAY 3: FULL DAY VANCOUVER**

Departure to North Vancouver in a 55 passenger coach.

# **Admission at Capilano Suspension Bridge**

Experience nature, culture and adventure. Your pulse quickens as you step onto the swaying planks of the Capilano Suspension Bridge. Breathe in the cedar-scented rainforest air as you make your way across Vancouver's famous landmark. Capilano Suspension Bridge takes you to the natural splendor of rainforest trails through magnificent evergreens and the unique perspective of Treetops Adventure, a walk high in the trees.

**Lunch** at one of the local venues on site







# **Continue for Grouse Mountain.**

#### **Grouse Mountain**



- Guided interpretive hikes also available

Admission to Grouse Mountain included. Step onboard the famous Grouse Mountain Skyride, and get ready to experience a one-mile journey like no other. High above towering Douglas fir, breathtaking views of the city of Vancouver, sparkling Pacific Ocean, Gulf Islands, and snowy peaks unfold as you journey up the mountainside.

Guests can also enjoy Hiking from the top of Grouse Mountain. An abundance of backcountry hikes weave their way into lush alpine terrain and the peaks of Dam, Fromme, Goat, and Crown Mountains. (Weather dependant)

#### **World Famous Lumberjack Show**

Grouse Mountain's Lumberjack Show features a crew of champion performers showcasing their skills atop Grouse Mountain. An impressive outdoor set features two logging camps from the early 1900's, where Johnny Nelson from the Green River logging camp prepares to battle Willie McGee from Blue Mountain to determine the top lumberjack. The 45-minute show offers fast paced entertainment and features log rolling, a 60-foot tree climb, two-man peg and raker saws, axe throwing, and an exciting springboard chop - the only three-board event in North America. Duration is 45 minutes. Private Show Time is after 6.00 pm to dusk.



Dinner at a local restaurant.

Transfer back to the hotel.

Overnight in Vancouver

#### **DAY 4: VANCOUVER - WHISTLER**

Today guests depart for their adventure in Whistler. Stop will be made in Horseshoe Bay for a sea Quest Adventure and Lunch

# Sea Quest.

A Sea Quest is much like a car rally, using BOATS! Think of a safe, unique adventure that everyone can participate in. Add in a positive environment, some team spirit and an appreciation for nature and you have the Sea Quest - the only TEAM BUILDING event of its kind in Canada! It's a great equalizer where everyone can enjoy the great outdoors and leave the office behind.







Rain or shine (the boats have optional canopies) your group will be organized into teams of 3 or 4. Each team is equipped with a fully fueled speed boat, game map and question sheets. In two and one-half hours your teams enter into new territory where they'll need lots of initiative to complete their quest. Sewell's Ocean Playground is 12 square miles, so there is a good area of sea to cover! The objective is to organize your route on the provided maps, decide which questions to tackle first, and search for answers that can only be found by combing the coves and inlets of spectacular Howe Sound, Vancouver. When crews return, scores are marked and the top teams are recognized including bonus sections for the truly creative. Many events finish the day at the Boathouse Restaurant in Horseshoe Bay or other establishments in the area.

# Lunch at the Boathouse in Horseshoe Bay



spectacular views, The Boathouse is a favourite.

The Boathouse Restaurant has been specializing in fresh seafood from the West coast of British Columbia and around the world since 1981. The team of dedicated chefs prepare each dish with a focus on fresh flavours and feature the finest ingredients from Pacific Northwest farmers, fishermen and other local producers. They take pride in serving seasonally selected fresh fish, premium oysters and Certified Angus steaks, paired with a large wine selection featuring BC VQA wines and world wines to choose from. With a commitment to serving only wild & sustainable seafood, the Boathouse selects all Oceanwise fish and supports the Pacific Salmon Foundation in replenishing salmon stocks in the rivers & streams in BC. With stunning outdoor patios, fabulous west coast decor and

# **DAY 4: VANCOUVER - WHISTLER**

Upon arrival: Orientation Tour of Whistler

Dinner at local restaurant.

Overnight in Whistler

# **DAY 5: FULL DAY ACTIVITY WHISTLER**

#### Peak 2 Peak Gondola



Whistler Blackcomb's award-winning big mountain experience just got a whole lot bigger! The record-breaking new PEAK 2 PEAK Gondola links together Blackcomb and Whistler Mountains for the first time. Boasting the longest unsupported lift span in the world at 3.024 kilometres (1.88 miles), it's also the highest lift of its kind at 435 metres / 1,427 feet.

During the summer months, ride the sky on your mountain-top hiking or sightseeing adventure. The PEAK 2 PEAK Alpine Experience gets you up close and personal with both Whistler and Blackcomb Mountains. Explore the trails, take the Peak Interpretive Walk and get a whole new perspective from 6,000 feet.

#### Lunch at a local restaurant.

#### Half Day Sky-High Adventure - Ziptrek!

Whistler's most exciting eco adventure! The new Skyline is an exhilarating cable line expedition through old growth forests. Skyline's leading edge technology takes you flying side by side on a unique tandem-line system. Ride in a comfortable harness reaching speeds of up to 100km an hour. The system offers 5 dual Skylines, with the longest ride being over 1500 feet long, 200 feet off the ground with a 200 foot vertical drop. The lines are connected to each other by a trail system which includes a 150ft suspension bridge.

#### Eagle Tour (2.5 – 3 hours)

Five new ziplines including a 2000' awe inspiring monster that drops over 20 stories, make this tour perfect for those who have already experienced Ziptrek or are seeking even more heart pounding adrenaline. On this tour you will end your adventure by zipping all the way back to Whistler Village!

Dinner transfer by 55 passenger coach.

Dinner at a local restaurant.

Overnight in Whistler



#### **PROGRAM**

#### **DAY 6: WHISTLER - VANCOUVER DEPARTURE**

Breakfast at the hotel

# PER PERSON COST INCLUDES:

- > 5 nights hotel accommodation based on double occupancy
- > 5 breakfasts at hotels
- Applicable taxes and service charges.
- > Transportation and transfers as described
- Admission to attractions as listed unless stated optional
- > Services of an escort throughout
- Lunches as outlined in the program with 1 pop OR 1 water per person
- > Dinners as outlined in the program with 2 alcoholic drinks per person

# **PER PERSON COST DOES NOT INCLUDE:**

- Flights, insurance (flights can be arranged)
- Airport taxes and porterage
- Excess luggage transfers and personal expenses
- Meals and beverages other than listed above
- Anything listed as "optional"
- ➤ Baggage handling 1 piece per person at the hotels

Per person price double occupancy	\$3,200.00 Canadian
Per person price single occupancy	\$3,650.00 Canadian